



Shrimp, Spinach & Orzo

Feeds 4-5 people

2 lb. Wild Caught Shrimp U15
500 gr. Helios Gluten-free Orzo
4 stalks of Organic Scallion
4 Cloves of [Organic Garlic](#)
20 Grape or Pear Organic Tomatoes
10 Multi-Colored Mini Peppers (preferably Organic)
1 ½ lb. Organic Baby Spinach
1 heavy tsp. [Organic Chicken Base](#)
1 cup Crumbled Feta
½ cup Shredded Parmesan Cheese
3 tbsp. [Organic Avocado Oil](#)
A few turns of [Organic Black Pepper](#)



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www.AwareHouseChef.com

CONTACT

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For preparation instruction, watch the video on YouTube:

Watch the video on YouTube:

[Shrimp Spinach & Orzo](#)

<https://Youtube.com/AwareHouseChef>

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