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www.AwareHouseChef.com

CONTACT

Hellenic Restaurant:
631 477-0138

www.TheHellenic.com

Skordalia, Gluten Free

250g [Udis® Gluten Free Bread](#)

1 tbsp. [Organic Granulated Garlic](#)

1 Cup [Organic Olive Oil](#)

1 tsp. [Celtic Sea Salt](#)

¼ cup [Raw Organic Sunflower Seeds](#)

500g Water

preparation instruction, watch the video on YouTube:

[Skordalia](#)

Youtube.com/AwareHouseChef

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