



Eat Well. Live Well.

www.AwareHouseChef.com

CONTACT

Hellenic Restaurant:
631 477-0138
www.TheHellenic.com

Simple Organic Salad

Feeds 3-4 people

2 Stalks Organic Romaine Lettuce

2 Packets Organic Guacamole

2 Large Organic Carrots

2-3 Large [Organic pre-cooked beets](#)

2-3 tbsp. [Organic Greek Olive Oil](#)

½ tsp. [Organic Granulated Garlic](#)

¼ tsp. [Organic Fresh Ground Pepper](#)

½ tsp. [Fine Celtic Sea Salt](#)

For preparation instruction, watch the video on YouTube:

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<https://youtu.be/o-5CyO0-iN8>