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www.AwareHouseChef.com

CONTACT

Hellenic Restaurant:
631 477-0138
www.TheHellenic.com

Rosemary Mint Lamb Chops

1 Rack of New Zealand Lamb

2 tbsp. Organic Parsley

2 tbsp. Organic Fresh Mint

1 tbsp. Organic Rosemary

1 tsp. [Celtic Sea Salt](#)

1/2 tsp. [Organic Ground Pepper](#)

3 tbsp. [Organic Honey](#)

2 tsp. [Gray Poupon](#)

preparation instruction, watch the video on YouTube:

[Lamb Chops](#)
[Youtube.com/AwareHouseChef](https://www.youtube.com/AwareHouseChef)

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