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www.AwareHouseChef.com

CONTACT

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Lobster Boil

Per 1-1 ½ pound Spiny Lobster

1 Stalk Organic Celery

½ Medium Organic Carrot

¼ large Organic Spanish Onion

2.5 oz Summer Ale

1 tsp [Madras Curry Powder](#) or [Old Bay](#)

¼ Organic Lemon

750 ml Water

preparation instruction, watch the video on YouTube:

[How to Flavor, Clean and Eat a Whole Lobster](#)

[Youtube.com/AwareHouseChef](https://www.youtube.com/AwareHouseChef)

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