



Eat Well. Live Well.

www.AwareHouseChef.com

CONTACT

Hellenic Restaurant:
631 477-0138

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Sheftelies

(50 pieces)

6 lb. Ground Pork Shoulder

2 lb. Caul Fat, Pork

1 Bunch Parsley

2 large Organic Sweet Onions

2 tbsp. [Fine Celtic Sea Salt](#)

1 tsp. Fresh ground [Organic Black Pepper](#)

preparation instruction, watch the video on YouTube:

[Sheftelies](#)

[Youtube.com/AwareHouseChef](https://www.youtube.com/AwareHouseChef)

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