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[www.AwareHouseChef.com](http://www.AwareHouseChef.com)

## CONTACT

Hellenic Restaurant:  
631 477-0138

[www.TheHellenic.com](http://www.TheHellenic.com)

# Asian Stir Fry

1 lb or ½ Kilo Organic Chicken Thighs

1 Organic Sweet Spanish Onions

4 Cloves [Organic Garlic](#)

1 can [Organic Coconut Milk](#)

1 Organic Carrot

1 Organic Green Squash

1 Organic Red Bell Pepper

3 [Organic Star Anise](#)

1 tbsp or 15ml [Pickled Ginger](#)

1 tsp. or 5ml [Organic Chicken Base](#)

1 Organic Lemon

3 Stalks Organic Celery

1.5 tsp. or 7.5ml [Celtic Sea Salt](#)

preparation instruction, watch the video on YouTube:

[Asian Stir Fry](#)

[Youtube.com/AwareHouseChef](https://www.youtube.com/AwareHouseChef)

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